

2025 IMPACT REPORT



A LETTER FROM OUR EXECUTIVE DIRECTOR

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Dear Friends,

2025 marked one of the most important chapters in our organization's history. After decades of serving this community as McKee Medical Center Foundation (established in 1981) and McKee Wellness Foundation, we became BridgeWell Foundation of Northern Colorado – a name that honors where we began while more clearly expressing the future we are building. The McKee legacy remains central to our story, and we carry it with deep gratitude. But our work has grown beyond a single hospital, health system, or community. Today, our reach extends across Larimer and Weld Counties, where the needs are more complex, the opportunities are greater, and the call to act has never been more urgent.

We chose the name BridgeWell because it describes both our purpose and our promise. Every day, we see people facing health and wellness challenges that are compounded by financial hardship, isolation, lack of access, and systems that are too difficult to navigate alone. We also see what becomes possible when generosity meets those needs with intention. A patient receives support at a moment of crisis. A family finds stability. A community becomes healthier, stronger, and more connected. This is the bridge we are here to build – from hardship to healing, and from generosity to lasting impact.

For prospective donors, this rebrand is more than a new name. It is an invitation to help shape the next era of health and wellness in Northern Colorado. BridgeWell gives us the clarity and credibility to convene partners, attract transformational philanthropy, and invest in solutions that reach beyond a single program or institution. It opens doors to deeper collaboration with healthcare providers, nonprofits, civic leaders, businesses, and donors who understand that community health is one of the most powerful investments we can make in our region's future.

As we look ahead, we believe BridgeWell Foundation can become a catalyst for a healthier Northern Colorado – one where resources move toward the greatest needs, and every person has a chance to flourish. That vision will require bold leadership and generous investment. To everyone who has helped bring us to this moment, thank you. And to those considering what legacy they want to build in this community, I invite you to join us. Together, we can build bridges that will change lives today and strengthen Northern Colorado for generations to come.

With gratitude,



Nate Lamkin
Executive Director
BridgeWell Foundation of Northern Colorado



OUR MISSION

Our mission is to bridge critical gaps in health and wellness across Larimer and Weld Counties.



OUR VISION

We envision a Northern Colorado where every person is free to flourish—physically, mentally, and within community.



OUR COMMITMENT

With a strong pulse on pressing needs, we fund local programs, support individuals in crisis, and link people to lifesaving resources.

2025 HIGHLIGHTS

A YEAR OF IMPACT. A FUTURE OF HOPE.

1 NEW NAME, NEW LEADERSHIP SAME COMMITMENT

2025 marked one of the most significant chapters in our organization's history.

In May, Nate Lamkin stepped into the role of Executive Director, building on the strong foundation laid by his predecessor, Kara Pappas.

Then, after more than four decades as McKee Medical Center Foundation (est. 1981) and McKee Wellness Foundation, we became BridgeWell Foundation of Northern Colorado in November 2025, a name that honors its roots while reflecting a mission that now spans Larimer and Weld Counties.

New leadership. New name. Same unwavering commitment to our neighbors in need.

Read more from Nate Lamkin, Executive Director, on page 2.



Nate Lamkin
Executive Director

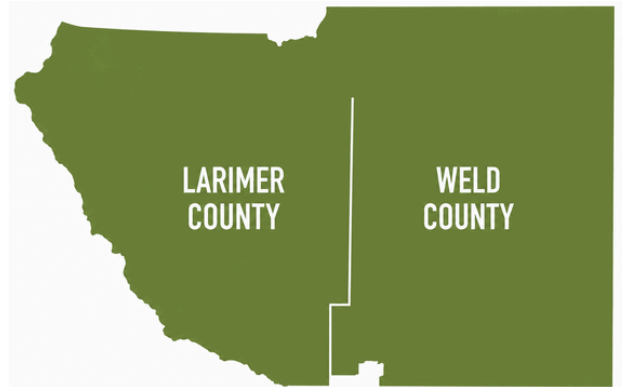


Kara Pappas
Executive Director
2022-2025



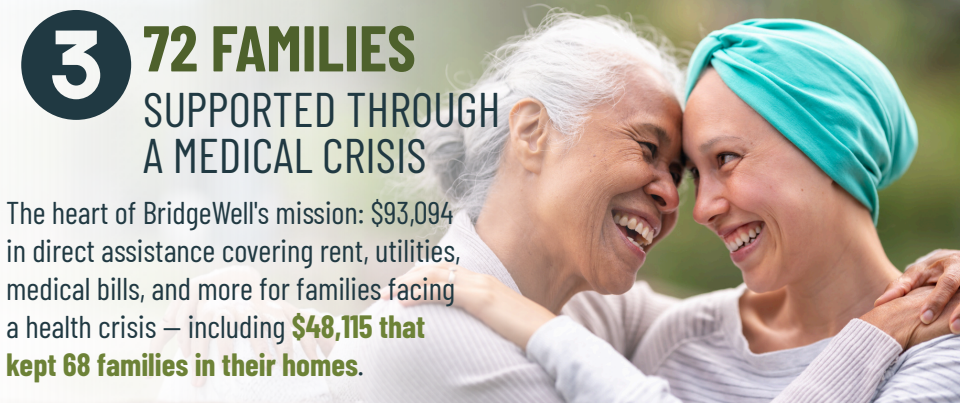
2 \$897,248 INVESTED BACK INTO NORTHERN COLORADO

In 2025, BridgeWell approved \$897,248 in grants — funding direct financial support for patients, veterans programs, mental and cognitive health care, health care education, and partnerships with community organizations across Larimer and Weld Counties.



3 72 FAMILIES SUPPORTED THROUGH A MEDICAL CRISIS

The heart of BridgeWell's mission: \$93,094 in direct assistance covering rent, utilities, medical bills, and more for families facing a health crisis — including **\$48,115 that kept 68 families in their homes.**



4 800 LIVES EQUIPPED TO SAVE A LIFE

As part of the HEARTSafe Community Coalition, BridgeWell funded a grant to our partners at Thompson Valley EMS, who trained **800** individuals in CPR and helped place or replace **16** AEDs across the community — extending BridgeWell's impact into prevention and preparedness.

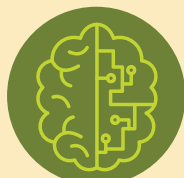
5 A COMMUNITY-WIDE REACH, FROM CANCER CARE TO VETERANS SUPPORT



64
cancer patients
supported



\$40,500
in grants for local
veterans through
the Blue Star Fund



\$76,614
in mental and
cognitive health
grants

reflecting
the full
breadth of
BridgeWell's
programs

6 INVESTING IN THE NEXT GENERATION OF HEALTH CARE WORKERS



5 scholarships totaling
\$12,500 awarded to
Northern Colorado
students pursuing
health care careers.

2025 BY THE NUMBERS

— REAL IMPACT. RIGHT HERE IN YOUR COMMUNITY. —



68 FAMILIES

kept safely housed through rent assistance during a medical crisis

\$4,000+

paid in utility assistance for families in medical crisis



\$69,350

in financial assistance to support cancer patients



38

local organizations supported through community grants



HANDS THAT BUILD BRIDGES

Behind every family BridgeWell helps, there's a volunteer who stuffed an envelope, staffed an event, served on a committee, or gave their time and talents in some way to support the work of BridgeWell. Volunteers don't just support our work — they are our work, multiplied.

136

volunteers

1,996

hours donated

\$72,135

in volunteer time given back to Northern Colorado

63.9%

of patients assisted were at or below 200% of the Federal Poverty Level



11

Mornings at McKee senior series speaker events hosted



2,080 TURKEY TROTTERS

raising \$126,958 to help bridge the gap in health and wellness for our neighbors in need



600

veterans helped through the Blue Star Fund



\$21,770

invested in scholarships and continuing education



283



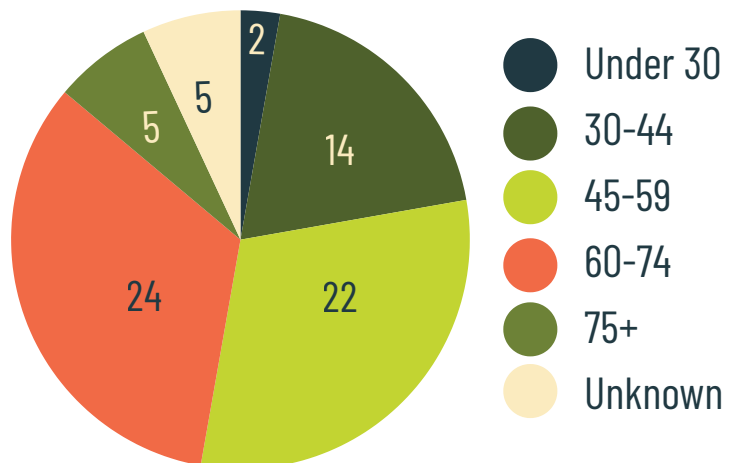
life-saving prescriptions filled

\$50,000

HEARTSafe grant funding lifesaving training and equipment



AGES OF PATIENTS ASSISTED



BEHIND EVERY GRANT IS A STORY OF HOPE

There is a moment — usually somewhere between a doctor's voice and a diagnosis — when a person's whole life quietly rearranges itself. The mortgage, the electric bill, the groceries: all of it is still there, but suddenly it's competing with something far more urgent. BridgeWell Foundation exists for that moment. We meet people exactly there, at the point where illness threatens to become financial ruin, and we help hold the line so they don't have to choose between treatment and the lights staying on.

The names below have been changed to protect privacy, but every story is real — lived this year, by neighbors in Weld and Larimer Counties who never expected to need help. They found it here.



SARAH'S STORY

Sarah has already fought cancer twice. This year, she was told she would have to fight it a third time.

Before she could fully absorb that news, grief arrived alongside it — her husband lost his own battle with cancer, leaving Sarah to face this diagnosis alone. Living on a fixed Social Security Disability income, she now carried two mountains of medical debt: his and her own. Every month became a quiet, exhausting calculation — treatment or rent, medication or utilities — the kind of math no one should have to do while fighting for their life.

BridgeWell stepped in to cover essential living expenses, giving Sarah something she hadn't had in months: room to breathe. Room to be a patient instead of a project manager of crises.

"I'm currently in treatment for my third cancer diagnosis while living on a fixed income. BridgeWell helped ease one of the many burdens I was carrying."



NICOLE'S STORY

Nicole was working full-time, building a life, when the words "Stage II breast cancer" changed everything in an instant. Short-term disability helped — but it was never designed to replace a full paycheck, and it certainly wasn't designed to cover chemotherapy on top of rent, groceries, and everything else that doesn't pause for a diagnosis.

Savings she'd spent years building were gone within months. Nicole fell behind on rent and utilities — forcing impossible financial choices while she was trying to focus on healing.

BridgeWell stepped in to cover her essential living expenses, giving Nicole the ability to stay current on her bills without draining what little she had left — one less crisis to manage while she focused on getting well.

"Any assistance during this challenging time makes a meaningful difference. I am deeply grateful for the support."

ROBERT'S STORY

Robert thought he was done. He'd finished treatment for lymphoma, rung the bell, and started rebuilding a life on the other side of cancer. Then the phone call came: it was back.

Robert lives alone on a fixed Social Security income, and the math had never left him much margin. Rent alone consumed nearly everything he received each month, leaving almost nothing for electricity, groceries, gas to get to appointments — the ordinary things that make survival possible. He found himself rationing trips to treatment, wondering if he could afford to show up for his own care.

BridgeWell covered his essential living expenses, and in doing so, gave Robert back something harder to quantify than dollars: the ability to stop white-knuckling every bill and simply show up for his treatment, appointment after appointment, without the added weight of wondering how he'd make it to the next one.

"After paying my rent, I had almost nothing left for everything else. BridgeWell's support gave me one less thing to worry about while I focused on my treatment."



Every Story Is Different. The Need Is the Same.

Sarah. Robert. Nicole. Three names, three diagnoses, three completely different lives and one shared truth: none of them expected to need help, and all of them found it here, because donors like you made sure BridgeWell could say yes.

Illness doesn't check a bank balance before it strikes. But because of you, financial devastation doesn't have to follow it.

Your generosity gives patients across Northern Colorado something priceless in the middle of their hardest season: the freedom to focus on healing, hope, and the people they love, instead of the bills piling up on the kitchen table.

WAYS TO GIVE

EVERY GIFT BUILDS A BRIDGE TO HOPE

From a one-time gift to a monthly commitment, here's how your generosity carries a neighbor across a health crisis.

BECOME A BRIDGE BUILDER

Join the Monthly Giving Club

Monthly gifts provide steady support for families when a medical crisis strikes.



FOOTBRIDGE
UNDER \$25/MONTH

Builds a foundation of steady support.



SPAN
\$25/MONTH

Provides dependable assistance when urgency arises.



ARCH
\$50/MONTH

Creates meaningful monthly impact for local families.



KEYSTONE
\$100/MONTH

Serves as a cornerstone for ongoing patient assistance.

THE IMPACT OF YOUR GIFT



\$35 OFFSETS

the cost of a gas bill so patients aren't left out in the cold



\$75 COVERS

the cost of a cell phone bill to keep individuals connected to family, friends, and their medical network



\$150 PROVIDES

relief toward an overdue electricity bill, preventing shutoffs



\$300 CONTRIBUTES

toward rent to keep patients safely housed



\$1,000 PAYS

the insurance deductible so patients can begin treatment without financial fear

OTHER WAYS TO GIVE



DONATE ONLINE

Give a one-time or recurring gift at bridgewellnoco.org/get-involved/donate



MAIL A CHECK

BridgeWell Foundation
808 W Eisenhower Blvd, Ste 202, Loveland, CO 80537



STOCKS AND SECURITIES

Giving appreciated stock can be a tax-efficient way to support our work



DONATE YOUR CAR

Donating your car is fast and easy, with free pickup through CarEasy.org and meaningful impact for BridgeWell.



QUALIFIED CHARITABLE DISTRIBUTION

If you're 70 1/2 or older, a Qualified Charitable Distribution lets you give from your IRA while reducing taxable income



PLANNED GIVING

Leave a lasting legacy by naming BridgeWell Foundation as a beneficiary of your retirement plan or life insurance policy, or by including BridgeWell in your will or living trust.

LEARN MORE OR GIVE TODAY

Scan to donate, explore giving options, or contact us at 970-617-5547 or info@bridgewellnoco.org



EVERY GIFT, OF EVERY SIZE, HELPS BRIDGE
ANOTHER GAP FOR YOUR NEIGHBORS IN NEED



2025 FINANCIAL SUMMARY

REVENUE

Contributions	\$370,719
Fundraising	\$508,578
Grants	\$469,000
Other	\$520,755
Total Revenue	\$1,869,052

EXPENSES

Programs	\$1,159,154
Fundraising	\$609,968
Administration	\$250,585
Total Expenses	\$2,019,707

Financials are based on preliminary figures.
Audited financials are available by request.



Community Care
\$782,384



Patient Care
\$93,094



Education
\$21,770

STATEMENT OF FINANCIAL POSITION

Cash Assets	\$730,330
Investments	\$3,905,039
Fixed & Other Assets	\$636,042
Total Assets	\$5,271,411
Total Liabilities	\$448,314
Net Assets	\$4,823,097
Total Liabilities & Net Assets	\$5,271,411

THANK YOU TO OUR GENEROUS PARTNERS



The Colorado Health Foundation™



SAVE THE DATE

17
OCTOBER

BRIDGEWELL GALA
TPC Colorado

26
NOV

25TH ANNUAL LOVELAND TURKEY TROT
Thanksgiving Morning

MEET OUR TEAM

A small, dedicated team with a big mission — helping to build bridges to health and wellness every day.



Nate Lamkin
Executive Director



Megan Streetman
Development Director



Jen Sanders
Director of Marketing &
Community Engagement

JOIN US



BUILD A BRIDGE (Donate)

Every gift helps bridge gaps in health and wellness — providing direct financial assistance to our neighbors in need facing a medical crisis.



SPONSOR A SPAN (Sponsor)

Sponsoring an event aligns your business with purpose while helping us help more families across Larimer and Weld Counties.



BRIDGE TOGETHER (Partner)

Partnering with BridgeWell expands access to care and strengthens our impact across Northern Colorado.



LEND A HAND (Volunteer)

Volunteering your time helps us extend our reach and support patients, families, and veterans in their most difficult moments.

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The Group



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Advisors



808 W EISENHOWER BLVD STE 202
LOVELAND, CO 80537



INFO@BRIDGEWELLNOCO.ORG



970-617-2575



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